A Prayer for the Ephesians

14 For this reason I kneel before the Father, 15 from whom every family in heaven and on earth derives its name. 16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, 21 to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. Ephesians 3: 14 - 21

What are the five best toys of all time? Jonathan H. Liu suggested the following: A stick, a box, string, a cardboard tube, and dirt (GeekDad column at wired.com). All are readily available, versatile, and appropriate for all ages, fit every budget, and are powered by imagination. No batteries required.

Imagination plays a powerful role in our lives, so it’s not unusual that the apostle Paul mentioned it in his prayer for the followers of Jesus in Ephesus (Eph. 3:14–21). After asking God to strengthen them with His power through His Spirit (v. 16), Paul prayed that they would be able to grasp and experience the full dimension of the love of Christ (vv. 17–19). In closing, Paul gave glory to “him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us” (v. 20).

God is able to do far more than we may dare to ask or even dream of.

Often our experience limits our prayers—a situation we can’t picture being different; destructive habits that remain unbroken; long-held attitudes that seem to defy change. As time passes, we may begin to feel that some things cannot be changed. But Paul says that is not true.

By God’s mighty power working in us, He is able to do far more than we may dare to ask or even dream of.

Dear Father, help us today to embrace all that You have given us in Your Son—forgiveness, hope, encouragement, and power to live a new life. From Our Daily Bread
Mathematics’ Memo—Learning to Count

When children are learning to count, they like to touch, point to and move objects as they say the number aloud – so encourage them to!

- Have your child count toys, kitchen utensils, collections (such as stickers, buttons or rocks) and any other items your child shows interest in counting.
- Mix it up! Have your child count a set of objects but start at different places in the set (for example, start counting in the middle of the set rather than at the beginning). This helps to develop the idea that the counting of objects can begin with any object in a set and the total will still be the same.
- Sing counting songs and use counting in meaningful ways in games, such as Hide-and-Seek. Counting games, rhymes and songs exist in every culture. Some counting songs and rhymes help children to count forward and backward as well.
- Have your child skip count (counting by twos, fives or tens) to count larger groups of items quickly. Use such objects as blocks, pasta pieces, toothpicks or buttons.
- Develop your child’s awareness of the symbols used to represent numbers by making it a game. Look for number symbols in your home and neighbourhood: on the television remote, on the microwave, on the telephone keypad, in flyers and media, on signs and on team sweaters.
- Play a number version of I Spy. For example, “I spy something that has the number five on it,” or “I spy something in this room that there are three of.”

Ask for your child’s help to count items in your home. “I wonder how many chairs we have around the table? In this room? In the house?” Count windows, light switches, lamps or beds. You might record “how many” by using a combination of numbers and pictures.

Important Dates to Remember

- Quiz Night, **Saturday 20th August @ 6pm**
- Book Week, **Week 6 22nd - 26th August**
- Book Fair, **Wed 24th and Thurs 25th August (2:30pm - 3:30pm)**
- Athletics Carnival, **1st September**
- Pupil Free Day, **2nd September**
- Interschool Athletics Carnival, **Thurs 8th and Fri 9th September**
**Busy Bees**

I would like to thank everyone who joined us at the recent Busy Bees. Jobs completed included: new shelves in the auxiliary room and fresh paint on the court markings in the undercover area. We may have been small in number but we got some important jobs completed.

**Scholarship**

Khan Henderson, one of our ex-students, was awarded a scholarship by the Rotary Club to attend a school in Costa Rica. Once he graduates from this prestigious school he will be able to attend an International University. Khan’s acceptance speech was outstanding and we would like to take the opportunity to congratulate him on this great achievement.

**Royalties for Regions**

As you are probably all aware, Carnarvon Christian School was successful in receiving $100 000 from the Royalties for Regions regional grant scheme for the Northwest central region. I would especially like to thank Mrs Anne Sinclair for assisting us with the application.

The $100 000 will be added to the $220 000 grant we have been awarded from the Federal Government Capital Grants Committee and be used to purchase a new Pre-primary classroom.

We are currently waiting for final tenders from a list of preferred builders. Once these are received and a builder selected we will be in a position to proceed with the project.

Copies of the building plans are available for viewing on the notice board in the reception area.

Praise God who showers blessings on our school.

**Quiz Night**

The Quiz Night is the major fundraiser for CCS, so please make sure you purchase the tickets and come along and support the school. If you could please let the office know whether you will be attending, for catering purposes. On offer for dinner will be beef and gravy rolls for $5 each. There will also be cool drink available to purchase, free coffee and tea and $1 lolly bags. There are fabulous prizes available and it should be a night of fun and great fellowship.

**Maths Question August**

Place 8 Queens on a chess board so that no Queen is in a position to take out another. There will be a prize to the first student who emails the front office with the correct answer.

**Canteen**

Unfortunately we have not yet found someone to take on the canteen. If you are interested or want more information please contact the front office. We will however continue to run a sausage sizzle every Friday lunch time until we find a canteen person. If you would like to purchase a sausage sizzle please place your order in the front office by Thursday mornings.

**National Asthma Week 1-7 September: e-newsletter version with links**

The theme for National Asthma Week 2016 is Become a Better Breather. National Asthma Week coincides with the beginning of spring and as pollens are a known trigger for asthma, this is an excellent time to ensure your child’s asthma is well controlled. Sections of the Asthma Australia website that can help with asthma management include:

- Take the [Asthma Control Test](#) to see if you could make improvements to help your child become a better breather.
- Manage [allergies](#) often linked with asthma, including allergic rhinitis (hayfever).

Did you know? 90% of people with asthma use their medications incorrectly. Check your child’s [technique](#) to see if they are getting full benefit from their medication.

Regular review of your child’s asthma with your GP and pharmacist will help them to become a better breather.

Need help with your child’s asthma? Contact our Asthma Assist line on 1800 ASTHMA (1800 278 462) and talk to one of our friendly Asthma Health Professionals.

**CCS on Facebook**

Carnarvon Christian School officially has a Facebook page. This page will only be used as a way to communicate events with parents. No photos of students will be posted.

**Maths Question - July Answer**

Selecting $1 for the first day and then doubling the amount every day for 30 days will result in a higher salary than a flat $1 000 000.
Waste Wise Tips

Recycled glass is used to make new glass containers, road base and for sandblasting. Glass can be returned for recycling in most kerbside collections or to bottle bins in public places. Types of glass that can be recycled include all clear, green, amber and brown glass bottles such as soft drink, wine, beer and all glass jars or bottles containing food.

Usually, the following cannot go into recycling bins: broken glass, opaque glass, heat-resistant glass such as Pyrex, ceramic items (plates, cups and saucers) and light globes. It is important to check with your local council to find out what can and cannot go in your recycling bin.

The recycling process:

1. Glass is collected from kerbside collections and sorted according to colour at the recycling depot – usually only clear, amber, brown and green glass can be recycled.

2. The glass is taken to a factory called a ‘beneficiation plant’ where all of the contaminants are removed.

3. The glass is finely crushed into ‘cullet’.

4. Some of the cullet and some raw materials are used to make new glass. Sand, soda ash and limestone are heated together in a furnace where it is melted into new glass.

5. The molten glass is moulded into new bottles and jars.

Asthma Aware - What Age Group Has a Higher Rate of Asthma?

- An average of 1 out of every 10 school-aged children have asthma.
- Asthma is the third-leading cause of hospital stays in children.
- In 2009, 1 in 5 children with asthma went to the emergency room.
- Boys are more likely to have asthma than girls. But women are more likely to have asthma than men.
- Adults are nearly seven times more likely than children to die from asthma.

http://www.aafa.org/page/asthma-facts.aspx

SunSmart Aware

Skin cancer develops in the cells in the epidermis – the top or outer layer of the skin. UV radiation is made up of UVA and UVB rays which are able to penetrate the skin and cause permanent damage to the cells below:

- UVA penetrates deeply into the skin (the dermis) causing genetic damage to cells, photo-ageing (wrinkling, blotchiness etc) and immune-suppression.
- UVB penetrates into the epidermis (top layer of the skin) causing damage to the cells. UVB is responsible for sunburn – a significant risk factor for skin cancer, especially melanoma.

Anaphylaxis Aware

Became a LABEL DETECTIVE when you buy food for your family. Be sure you:

• **Read all** product labels **every time** you purchase a product. Food labels, ingredient listings and allergen warning statements change without warning;

• While imported goods must comply with Australian food labelling legislation, mistakes can occur during translation. Use extra care with imported goods. Labelling requirements in some other countries are less stringent than Australian standards and there is a greater risk of incorrect labelling of imported products.

• Remember to check labelling on both outer and inner packages – discrepancies have been found;

• Check labels of products that come in different size packages as they may be different.

• Don’t rely on products labelled as ‘Free from...’ Make sure you still read the ingredient list and allergen warning statement.


SDERA—Drug and Road Safety Education

Here are some tips that can help you talk to your child about the safe use of medicines.

• **Tell your child** why the medicine needs to be taken.

• **Show your child** the packet or bottle and read aloud the instructions for use.

• **Show your child** how to find the expiry date of the medication.

• **Tell your child** the correct dose and let them watch as you count out the tablets or measure out the liquid.

• **Explain why it is important** to store medicines out of their reach and the reach of younger siblings.

• **Talk about other trusted adults** who can give your child medicine.

• **Talk about other natural ways** (if appropriate) of preventing the problem from recurring eg sleep, water, rest.

• **Never refer to medicines as lollies** and return all medicines to a storage place out of reach of children, and immediately after they have been used.

• **Never give your children under 12 years of age aspirin** at any time, unless prescribed by a doctor.

Water Wise Tips

**WATER SAVING TIP #88**

Let your lawn go dormant (brown) during the winter. Dormant grass only needs to be watered every three to four weeks, less if it rains.

http://wateruseitwisely.com/100-ways-to-conserve/
Year 1

This term we will be doing an integrated learning unit with English and Geography on the book called “Possum Magic” by Mem Fox. It is the perfect story to assist students in both learning about the sequencing of events in a story and the basic geographical structure of Australia. We will also spend a few weeks on Fairy Tales, where we will do themed learning on different topics involving Literacy, Mathematics (measurement) and Science (gravity and wind). In Mathematics, students will concentrate on solving money and measurement problems while also continuing to strengthen their understanding of number concepts.

God has been so good to us with rain this year. Our little vegetable garden is doing so well with all sorts of vegetables just overflowing. We will be harvesting lots of vegetables this term and then using them for our health education unit; Healthy Eating. Students will have a go at chopping and cooking some of the vegetables to have for lunch!

I look forward to a fantastic term together.

Year 1 Miss Alice Yang
**Kindergarten**

This term in Kindy we will be continuing to look to each other’s interests and developing a greater knowledge on each of these.

Kindy will also be continuing its focus on learning letters and sounds! We are making a great start on our alphabet books and are learning lots along the way! This term we will also be focusing on our math’s with concepts such as length, positional language, and numbers being revisited. We already have some fantastic work displayed around the room and can’t wait to keep showing everyone our favourite pieces.

Miss Barton

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**Year 2**

This term our theme is the Olympics. We will be doing various Olympic themed activities including writing a letter to some of the Paralympic teams which we will post, once completed and get a reply back. We will also be keeping a medal tally and graphing the results—as well as lots of other Olympic based activities.

The year 2 class is also practising and getting ready for the assembly item that they will be performing at the end of term. We have a fun filled term full of Olympic activities and learning, athletics carnival and the assembly item to look forward to this term.

Julie Hanson

Year 2
YEAR 3/4

We have settled back well from our school holidays to what promises to be a busy and exciting term. The following work will be covered during the term;

* MATHS- Measurements and Geometry, Mental Maths and consolidate last semester’s work.
* ENGLISH- Instructional texts (Procedures) and Explanations, spelling, functional grammar, reading and comprehension.
* SCIENCE- Earth and Space Science.
* HISTORY- The First Fleet
* GEOGRAPHY- Natural vegetation and protecting environments
* HEALTH- Drug Education
* ART- Visual and Media Arts, Music.
* T&E
* PHYSICAL EDUCATION

Looking forward to producing some fantastic work this term.

Year 3/4 Mrs Munalula

KIDS CLUB

(PP to Year 7)

COMBINED WITH FRIDAY FUN CLUB

When: Friday 19th August
Time: 2.45pm to 5.00pm
Carnarvon Christian School
Undercover area, Babbage Is. Rd.

For enquiries ring:
John Tomkins: 0428 527 032
Or Brian Fyffe: 9941 1571
Run by the Churches of Carnarvon

FREE.
Parents /carers welcome to attend.